

Guiding Significance and Teaching Countermeasures of Traditional Culture to Ideological and Political Teaching in Higher Vocational Colleges

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Abstract: Owing to the wide popularization of quality education in China, all walks of life begin to focus on the ideological and political teaching activities. Due to the special nature of teaching, it is mainly to train practical talents with professional skills and qualities for the society. Ideological and political teaching is greatly essential to the personal development of students. Applying traditional culture to teaching activities can not only help students form correct values, but also improve their professional quality. Thus, traditional culture is greatly essential to teaching activities and progress of students. Based on this, the author analyzes the guiding significance and teaching countermeasures of traditional culture to teaching, hoping to provide help for improving the level of ideological and political teaching.

1. Introduction

Chinese excellent traditional culture is the accumulation of China for thousands of years, and also the most precious spiritual wealth of China. The cultural essence and ideological connotation of traditional culture is still vital in the development of China^[1]. The main teaching goal of education is to guide students' ideas positively, promote their ideological and moral quality and spiritual connotation, and then help students form a right outlook on life and values. The spiritual connotation of traditional culture is pretty important in promoting the realization of teaching. Applying the traditional culture to education can enable students to recognize the significance of education more deeply, enrich the connotation of education, and improve the level and quality of education. Therefore, higher vocational colleges should actively take various measures to apply traditional culture to teaching.

2. Guiding Significance of Traditional Culture to Ideological and Political Teaching in Higher Vocational Colleges

2.1 Help Students Form a Correct Outlook on Life and Values

For the current students, it is very important to form a right outlook on life, which not only determines their career development, but also affects their life development^[2]. The correct outlook on life is able to help students actively carry out learning activities in the student age, and also guide students to face and deal with complex interpersonal relationships, difficulties and setbacks with a positive attitude when they enter the society. Therefore, it is very essential to train students in higher vocational colleges to form a correct outlook on life. Nowadays, although many colleges positively respond to the call of the national education policy and focus on and strengthen education, the unitary teaching methods and rigid contents have reduced the students' enthusiasm for education, and badly hindered the smooth progress of the education activities. The traditional culture contains a lot of positive ideas and correct values. Applying the traditional culture to education activities can not only enrich the content, but also subtly edify the students through the traditional culture. Higher vocational students will naturally form and build a correct outlook on life and values after being edified by a large number of traditional cultures.

2.2 Help to Improve Students' Ideological and Moral and Comprehensive Quality

With the wide popularization of quality education in China, the quality level of contemporary higher vocational students has been significantly promoted. However, due to the young age of students in the higher vocational stage, their self-control consciousness and management ability are poor, which leads to the situation that they do what they know they can't do. The occurrence of this behavior seriously lowers the overall quality of students and is not conducive to the educational progress. Nowadays, many colleges focus more on fostering students' professional quality and moral quality according to the needs of enterprises during teaching, and neglect the progress of students' own ideological awareness. This causes the current education to show the characteristics of superficial and formal teaching, which is not helpful to the overall progress of students. The traditional culture can improve the students' ideological awareness and comprehensive accomplishment in a deep level, break the teaching form of theoretical knowledge in the classroom, and improve the students' moral and comprehensive accomplishment through historical allusions and concept dissemination^[3]. According to the survey, students who understand and learn traditional culture will be more adaptable than other students in the same work, and their comprehensive quality and ethics will be higher. It can be seen that the application of traditional culture in education is conducive to pushing students' ideological and moral and comprehensive quality, and promotes students' professional progress.

2.3 Help to Improve the Quality and Level of Ideological and Political Teaching in Higher Vocational Colleges

Applying traditional culture to education is also conducive to promoting the level of education. According to the current condition of education, many teachers mostly rely on books and textbooks to set teaching plans and carry out teaching activities, thus reducing students' interest in studying to a certain degree, which is not helpful to the high-quality and efficient progress of education in higher vocational colleges. The traditional culture contains rich ideas and historical allusions, which can push the richness of teaching content and increase the interest of the classroom^[4]. Meanwhile, higher vocational teachers can also guide students to express their own views and understanding through the sharing of ideas and historical allusions in traditional culture, thereby effectively improving the classroom participation of education. Therefore, because the ideological concept and spiritual connotation in the traditional culture play an auxiliary role in the progress of education, applying it to teaching activities can remarkably promote the level of education.

3. Countermeasures of Using Traditional Culture to Carry out Ideological and Political Teaching in Higher Vocational Colleges

3.1 Build a Professional Teaching Team

Teachers' ideology and teaching level determine the quality and efficiency to a certain degree, and also affect students' ideology and thinking^[5]. Therefore, to fully play the maximum value and advantages of traditional culture in education and push the comprehensive progress of students, higher vocational colleges should first create professional teachers and promote the level of education. Only when teachers fully recognize the significance of traditional culture for the progress of teaching can they actively take various measures to apply traditional culture to the actual teaching, and then realize the teaching purpose of improving students' ideological and moral cultivation. First of all, higher vocational managers should review and inspect the teaching ability and professional quality of current higher vocational teachers, find out their shortcomings, and develop targeted education and teaching activities^[6]. Meanwhile, the college administrators should also strengthen the propaganda of traditional culture among the teachers, so that the teachers can fully understand and attach importance to the guiding significance of traditional culture for teaching. Secondly, higher vocational teachers should break the traditional teaching concepts, improve and innovate the ideological and political teaching methods, organically combine traditional cultural propaganda with modern technology, fully use information technology and multimedia equipment,

and display the traditional cultural classics and history related to teaching contents. This way can stimulate students' enthusiasm in studying and achieve the goal of educating people with traditional culture.

3.2 Organically Integrate Traditional Culture and Ideological and Political Content

If colleges want to fully play the maximum value and advantages of traditional culture, effectively cultivate and push the ideological and moral mastery and comprehensive quality of higher vocational students, they should also organically integrate traditional culture with teaching content. Only by infiltrating the traditional culture into the teaching content can we imperceptibly edify the higher vocational students and help them form a correct outlook on life. Higher vocational teachers should choose appropriate traditional cultural content according to specific content, and assist the progress of activities through traditional culture. This can not only enrich the teaching content and attract students' attention, but also help students to recognize and master the ideological and political teaching knowledge through traditional culture. For example, when learning the ideological and political teaching content about self-discipline, teachers can quote the Confucian concept of self-restraint and propriety in Confucian culture, so that students can clearly understand that only by constraining themselves and making everything belong to "propriety" can the ideological realm of "benevolence" be achieved, thus helping students form a good sense of self-discipline and promoting their comprehensive development^[7]. However, it is worth noting that during the organic integration of traditional culture and teaching content, teachers should also focus on students' learning ability and learning needs, and choose traditional culture with reference to students' learning interests as much as possible. Only in this way can students' learning enthusiasm be pushed to the maximum extent and students' participation in education be promoted.

3.3 Create a Good Atmosphere for Learning Traditional Culture in Ideological and Political Teaching

Owing to the constant progress of China's social economy, the demand and requirements of the society for talents are constantly improving. Under this background, most higher vocational colleges focus more on how to improve students' professional skills and practical ability, and neglect the cultivation and promotion of students' cultural accomplishment. Creating a learning atmosphere in teaching can help students fully recognize and master the spiritual connotation of traditional culture, thus effectively improve students' cultural accomplishment and help students form a correct outlook on life and career. Therefore, during teaching, higher vocational teachers should publicize and popularize traditional cultural knowledge and spiritual connotation to students through the channels of teaching. On the one hand, it is able to provide positive ideological guidance to students and promote their ideological and moral quality. On the other hand, it can create a good traditional culture studying atmosphere, improve students' cultural accomplishment, and help students establish cultural confidence.

4. Conclusion

To sum up, it is very essential to focus on the guiding significance of traditional culture to teaching and apply it to practical teaching. This is not only an inevitable trend of the progress of quality education, but also an essential basis for effectively fostering and improving students' ideological and moral quality and spiritual connotation. Therefore, higher vocational colleges are supposed to change their teaching concepts, and fully play the maximum value and advantages of traditional culture in teaching by building a professional teaching team, organically integrating traditional culture with teaching content, and creating a good traditional culture learning atmosphere in teaching. Only in this way can we push students to form a right outlook on life, promote students' ideological and moral quality, and then lay a remarkable basis for students' comprehensive progress.

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